

Quarterly Edition – September 2021

# Charlton Village News



[www.charltonvillage.org.uk](http://www.charltonvillage.org.uk) and [Facebook page: Charlton Community Chat](#)

## Welcome to the Autumn Edition of 2021

*At long last, it feels as if we are returning to a new sort of normal life. Clubs and classes are starting up again, the children are off to school and choirs are singing again. What a relief, long may it continue.*

*I hope you enjoy this edition and, looking ahead to our next issue, please send in your Christmas recipes, quizzes, and puzzles via email to the editor at [editor@charltonvillage.org.uk](mailto:editor@charltonvillage.org.uk)*



Thank you to Brian Cartwright for this beautiful photograph of the Cormorants in Charlton Lakes

### DIARY DATES

**Friday 3<sup>rd</sup> September:** Jodie's Pilates restarts 6-6.45pm St Thomas' Church

**Sunday 5<sup>th</sup> September:** Pastrow Family Gathering 11am, Wildhern Playing Field

**Tuesday 21<sup>st</sup> September:** Oaktrack Autumn Flower arranging workshop 9.30-12:00. Book via email at [oaktracksmallholding@gmail.com](mailto:oaktracksmallholding@gmail.com)

**Sunday 26<sup>th</sup> September:** Oaktrack Open Farm 10.30-2.30pm More on the website [www.oaktrack.co.uk](http://www.oaktrack.co.uk)

**Tuesday 28 September:** Andover Older People Forum, 2pm Gilliat Hall. 28 Marlborough Street, Andover

**Sundays 3<sup>rd</sup> October and 7<sup>th</sup> November:** Pastrow Family Gathering 10am, Hatherden Church

**Tuesdays 21<sup>st</sup> Sept, 19<sup>th</sup> Oct & 16<sup>th</sup> Nov:** Charlton Parish Council meetings 7.45pm

**Sundays 19<sup>th</sup> Sept, 17<sup>th</sup> Oct & 21<sup>st</sup> Nov:** Andover Artisan Market in the High Street 10am-2pm

**Wednesday 6<sup>th</sup> October:** The Hampshire Fair at The Grange, Northington 9.30am-4pm

**Thursday 28<sup>th</sup> October:** Andover Music Club start their 75<sup>th</sup> season concert series at The Lights

**Sunday 14<sup>th</sup> November:** Copy deadline for Christmas & New Year edition

**Saturday 4<sup>th</sup> December:** Andover Choral Society Concert 7.30pm St Mary's Church

## Parish Council Updates

### Charlton Village Parish Council

The Parish Council meets every month, except August and December, on the 3<sup>rd</sup> Tuesday of each month at 7.45pm. Press and Public are welcome to attend. Check the parish website [www.charltonvillage.org.uk](http://www.charltonvillage.org.uk) for details or contact the PC Chair, Cllr Jacqueline Smith on [cclrsmith@charltonvillage.org.uk](mailto:cclrsmith@charltonvillage.org.uk)

### Facebook - Charlton Chat

Our Facebook page is for all residents in Charlton, to enhance communication and the community spirit.

<https://www.facebook.com/charlton.community.chat>

### Charlton Community Support Group

The Charlton Support Group, comprising 15 local volunteers, remains in place and is ready and willing to collect prescriptions, shop, run errands or just be a listening ear. If you need anything, please contact Clive Ward [cclrward@charltonvillage.org.uk](mailto:cclrward@charltonvillage.org.uk) / 07538 596344 or Ian Smale [cclrismale@charltonvillage.org.uk](mailto:cclrismale@charltonvillage.org.uk) / 07421 354874

### Community/Village Hall – We Need Your Input!

Please complete the enclosed survey and place in the Drop Box on one of the Village Noticeboards or return to 43 Tower Close by the closing date of the 8 October 2021 or complete the survey online at

<https://www.surveymonkey.com/r/QW8BHFS>

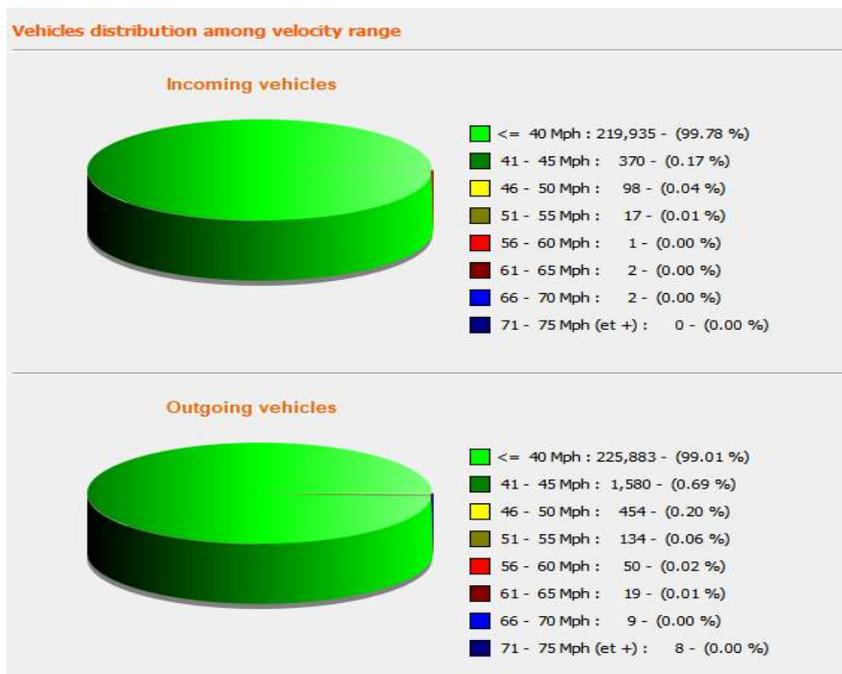
### Charlton Phone box Library

Thank you to the handful of kind people who help keep the phone box library/book exchange tidy. Your efforts are much appreciated. If anyone is interested in cleaning the box occasionally, please go ahead! Thank you.

Feel free to add **one** book at a time and take **one** in its place to read. We focus on fiction and biographies. Please don't leave cookery books, atlases and encyclopaedias or children's books. If there is a category that you would especially like in there let Ian Smale know. There are several Alexander McCall Smith and the very latest Lee Child Jack Reacher epic 'The Sentinel'!



### Traffic Speedwatch Findings



A significant number of vehicles, albeit a tiny % of the overall total, are still driving excessively fast in both by Tesco. Our PCSO will be organising a speed gun campaign in the coming months.

If you could help our PCSO by noting vehicle registrations and times of speeding vehicles as recorded by the speed indicator, please inform Cllr Jacqueline Smith by email on [cclrsmith@charltonvillage.org.uk](mailto:cclrsmith@charltonvillage.org.uk)

Incoming = downhill towards Tesco  
Outgoing = uphill towards hospital

### Traffic Calming

It's been a long time coming but the 'edge of carriageway lines' along Hatherden Road, part of Charlton's traffic calming measures, should hopefully be completed very soon. Other elements of the scheme, such as improvement to the bollards at the informal crossing by the bridge will be next, although we have not had a formal date from HCC.

## Charlton Village Climate Change Challenge

<https://www.facebook.com/Charlton.village.climate.challenge>

*If you'd like to be a contact point for your area or road or to be actively involved in making a contribution to reducing CO2 emissions, please contact Mike Cripps (07801 064126 / [michael.cripps@btinternet.com](mailto:michael.cripps@btinternet.com)) or Clive Ward (07538 596344/ [cllrcward@charltonvillage.org.uk](mailto:cllrcward@charltonvillage.org.uk))*

The Public Meeting held in St Thomas' Church on 18 August was a very enlightening couple of hours with about 30 people attending. Given that we are in the throes of a Climate Emergency it was recognised that Charlton must do something to help itself and to contribute to local, national and global initiatives.

We heard from Alan Rogers about alternative power opportunities available now and what may be just around the corner.

Revd. Tom gave some insight into the benefits of driving an Electric Car and we discussed some of the limitations currently (excuse the pun!). Sarah from Love + Joy Home at the Weyhill Fairground told us of the benefits of refills, avoiding single use plastic and just living more sustainably. Oaktrack, our local smallholding/Farm Shop, couldn't make it on the night but we discussed value vs cost and the benefits of shopping locally. Mike Cripps who leads the Charlton Community Climate Challenge told us about the importance of recycling. He informed us about the opportunities and highlighted where we might do better with Test Valley and Hampshire County Council help. We were very fortunate to have Andy Pilley (Community Engagement Manager) and Cati (TVBC Climate Emergency lead) from Test Valley. They are very supportive and stand ready to assist where they can.

### What Next?

- The points raised at the 18 August meeting will be used to inform and refresh Charlton's Action Plan with any immediate opportunities implemented now.
- The Parish Council fully supports this work and Climate Challenge will be a standing agenda item at future PC meetings.

If you couldn't make it to the 18<sup>th</sup> August meeting but want to give us your ideas or get involved, please contact Mike Cripps.

### Why are we focussing on our Climate Change Challenge?

We are already seeing the devastating effects of climate change on global food supplies, increasing migration, conflict, disease, and global instability, and this will only get worse if we do not act now. You can write to our MP - [kit.malthouse.mp@parliament.uk](mailto:kit.malthouse.mp@parliament.uk) - to tell him how much climate change matters to you. He won't push for changes unless we tell him how much it matters and, if we all get involved, we can make a real difference. Man-made climate change is the biggest environmental crisis of our time. It threatens the future of the planet that we depend on for our survival and we are the last generation that can do something about it.

So, let's focus on what we can do; for example – litter: How does litter harm the environment? Littering is defined by 'when waste or discarded materials are disposed of in an improper manner, in unwanted locations.' Greater awareness is needed on how littering damages the environment. It is classed as a type of pollution and has tragic consequences on the environment. As humans consume natural resources, they create by-products that enter Earth's ecosystems. This includes plastic waste, water pollution, soil runoff and manufactured items such as glass jars and bottles which can harm the Earth and the plants and animals that live on it. The damage can be physical (getting tangled around marine/bird life), or chemical (fertilizers causing algal blooms) and can cause lasting damage to the nature and wildlife of an area.

So, what can you do? Be sure to properly dispose of your rubbish by recycling what you can and consider carefully how to discard what cannot be recycled.

***Think before you act - Think before you don't act***

*As Mike so clearly shows, Climate Change is happening and is a growing problem. What can we do at a local level?*

**Set an example** at household level – do what you can but make it easy to implement and sustain – not just a flash in the pan. Here are some things that we can do right now!

- Improve home insulation
- Convert to LED bulbs and adopt timers
- Water management – install a water butt and re-use water from house to garden e.g. using a washing up bowl and pouring the water on your plants rather than down the plughole
- Try re-fills from Love + Joy at Weyhill
- Fully consider switching to an all-electric or plug-in hybrid car

#### **Ask TVBC to work with HCC to:**

- Make it easier to deal with litter responsibly - more/better bins, more frequently monitored and emptied.
- Improve Recycling. HCC has a plan for better kerbside recycling but not until 2023. We need to do what we can until then and continue to lobby for this improvement to happen sooner.

#### **Trees – right tree, right place.**

The PC is looking for a spot in Charlton (not Charlton Lakes) to plant a ‘couple of trees’ as a start and then to work with TVBC/HCC to develop and implement a Parish tree planting plan. Let Mike or Clive have your ideas for suitable sites.

#### **Wildflower planting**

Have a go making your own Bee Bombs – take a look at the Wildlife Trust website for instructions. A fun activity to do with kids or to make for Christmas presents! [www.wildlifetrusts.org](http://www.wildlifetrusts.org)

#### **Recycling options and next steps**

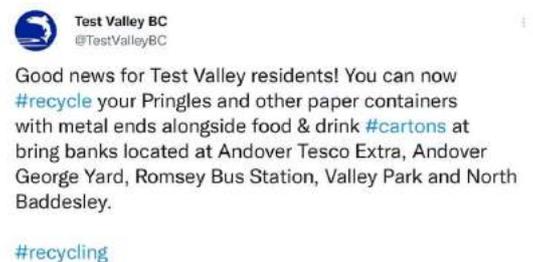
- Brita filters can be taken to Sainsbury’s
- Old toothbrushes and toothpaste tubes are accepted by New Street Dental Practice
- Medicine strips can be taken to Superdrug in the High Street
- Bra recycling – collection point to be set up in Charlton Convenience Store soon
- Encourage greater use of green bag/bin collection as this goes to compost
- Promote household composting
- Consider Charlton collection points for some niche items that could then be taken to a Recycling Site elsewhere.

**Alternative energy** – we need to highlight some good stories from Residents who have experience of solar panels and other alternative energy sources.

#### **What’s else is happening locally?**

Bulpitt Print has been printing the Village Newsletter for some years. In 2019 they agreed with one of their paper suppliers to sign up to a carbon capture program. This means that over 90% of all Bulpitt Print paper is now being offset with the carbon capture. The supplier works directly with the Woodland Trust and in 2020 Bulpitt Print was able to plant 322m<sup>2</sup> of woodland which means 12,900 kg of CO<sub>2</sub> removed from the atmosphere. It is hoped that this number will double in 2021 as business starts to return to full capacity.

Bulpitt Print remains committed to this program in 2021 and beyond. Other initiatives have reduced recycled waste and in 2020 over 92% of waste by volume went to be recycled.



### Trial - Recycling at the Bus Shelter



To make it easier for Charlton residents to recycle certain items the Parish Council has created a recycling point in the Bus Shelter. They hope that, along with Councillors, residents will assist in taking the collected items to the relevant recyclers.

#### Recycling Guide

- Any medicine blisters. Accepted by Superdrug in the High Street
- Plastic Toothbrushes only, any toothpaste tubes but not pumps, electric toothbrush heads. Can be taken to New Street Dental Practice.
- Any make of toner or ink cartridges. Accepted by Currys.
- Any brand of make-up tubes, mascara, lipstick or palettes. Empty as much make-up as you can. Accepted at Tesco Extra.
- Brita filter Cartridges only. Please ensure they are dry before putting in the drawer. Accepted at Sainsburys
- All types of energy saving bulbs. Accepted at Currys.

### Lightning Strike



Most of you will have seen in the news the terrible event which occurred in the early hours of July 23rd.

The community spirit shown by neighbours and friends has been amazing - a shout out to Tayla Moody and all those who willingly rallied round. Our best wishes go to the residents involved.

### Charlton Village Community Day 2022 - 9 July (TBC)

The Parish Council is currently in conversation with TVBC regarding the booking of the next community day. We hope to make this bigger and better than 2019.

If you would like to join the Committee, please contact Cllr J Smith.

### Queen's Platinum Jubilee Events 2022

The Parish Council is looking to hold two public events, in conjunction with St Thomas's Church, during the extended Spring bank holiday weekend next year. We have approached TVBC to gain approval for use of the field at Charlton Park. We will confirm these events in the December Newsletter.

**Thursday 2 June 2022.** Queen's Jubilee - Beacon Lighting evening 19:00 to 23:00. We are aiming to have live music, refreshments including alcohol and food.

**Sunday 5 June 2022.** Queen's Jubilee - Charlton Village Big Lunch. 13:00 to 16:00. We will be encouraging all Charlton residents to join us on the field, bringing your own picnic. The Parish Council also aims to provide a refreshments/food tent, alas no alcohol.

## **Charlton Village Church, St Thomas'**

**Revd Alex Randle-Bissell**, Priest-in-Charge, 01264 512161 [revalex@pastrowfamily.org.uk](mailto:revalex@pastrowfamily.org.uk)

**Judith Appleby**, Benefice administrator, 07999 352585 [admin@pastrowfamily.org.uk](mailto:admin@pastrowfamily.org.uk)

**Facebook:** Family matters in our villages@pastrow **Website:** [www.pastrowfamily.org.uk](http://www.pastrowfamily.org.uk)

### **Letter from our Priest in Charge, Alex Randle-Bissell**

Dear friends

At the time of writing this, we have just returned from a day's walking in Wales, going up, down and round (and then in reverse) Pen-Y-Fan. I'm now extremely glad that writing doesn't take up any lower-body muscles whatsoever, and that I can sit and use only my fingers now that they have suitably thawed out as it was at one point very stormy weather!

It was at the peak, some 886 meters, that we stopped for a break and whilst taking in the wonder of the creation around me I suddenly had the feeling of being a tiny speck in the vastness of the world and yet being fully aware of my presence in it. It was both frightening and exhilarating at the same time, a very real sense that there was infinitely more to what I could possibly imagine and yet I was content and at peace with where I was at that moment. Some call this experience 'living in the present' or experts call it exercising mindfulness, but for me it was just about finding a moment of happiness in a constantly changing world. I was also reminded of the great heroes of the Bible and the fact that extraordinary things do happen when you go up a mountain!

However, now I am back down to reality I wanted to take a moment in telling you about some of the changes we are making in the Pastrow Benefice. One of these is called the 'Pastrow Family Gathering', and this is on the first Sunday of every month where all the churches will gather in one location for a service. The first one, on 5<sup>th</sup> September, is taking place outdoors on Wildhern playing field and starts at 11am, with a bring your own picnic for afterwards. There is a treasure hunt for children and all sorts of other activities. If you are free on Sunday 5<sup>th</sup> September, then I would like to invite you to come along and bring your friends and family too! We will then be gathering on the first Sunday of each month at Hatherden Church at 10am for the next few months.

Some of you may also have read about our planned expansion to take in another five churches around the area, and that we are working towards becoming a single parish for some of these churches. These are significant changes and if you are interested you can read all about them on our website; however, I am constantly reminded of the need to continue the real and most important work of sharing the love, grace, and truth of Jesus Christ in our communities, and celebrating the amazing work that people do for each other in our villages.

Jesus reminded his followers that time will bring much change, the storms of life will come and go; but he also encouraged them to take a moment, be mindful of what is important and seek peace.

Blessings for the month ahead.

*Alex*



### **Mystery Object**

This was found this in a garden recently. It's about 3 feet long and quite heavy. Seems to be made of steel.

What is it? Ideas to your editor please, on [editor@charltonvillage.org.uk](mailto:editor@charltonvillage.org.uk)

## **IN, OUT, AROUND and ABOUT – Editor’s picks**

If you have a recipe or activity, a place to visit, a walk to share – send them to the editor at [editor@charltonvillage.org.uk](mailto:editor@charltonvillage.org.uk)

### **IN – Recipe**

#### **Smoked Salmon and spinach lasagne – by Tom Kitchin**

*This delicious and comforting pasta bake is easy to prepare, always popular and has the added advantage that it can be prepared in advance ready to bake and serve when required. I’ve taken this recipe from Chefs at Home: 54 chefs share their lockdown recipes in aid of Hospitality Action published earlier this year*

#### **Ingredients**

100g of unsalted butter, plus extra for greasing	500g of smoked salmon, cut into 2cm squares	salt & freshly ground black pepper
100g of plain flour	400g of baby spinach	50g of Parmesan, grated
950ml of whole milk	2 garlic cloves, crushed	250g of cheddar, grated
1 tbsp of Dijon mustard	10 fresh lasagne sheets	4 sprigs of dill, chopped
1/2 tsp grated nutmeg	1/2 leek, cut into thin strips	salad leaves, to serve

#### **Method**

**Make the sauce:** Melt 75g of the butter in a heavy-based saucepan over a medium heat. Add the flour and cook out for 1–2 minutes, then slowly add the milk, stirring as you go. Cook for 8–10 minutes, stirring continuously without letting the sauce boil too hard, until thickened. Once thickened, add the mustard and nutmeg.

**Cook the veg:** Melt the remaining 25g of butter in a saucepan, add the leek and cook for 2–3 minutes to soften a little. Season with salt and pepper, then add the spinach leaves (a handful at a time is easier) and the garlic and cook for a further 2–3 minutes, until the spinach has wilted. Drain off the excess liquid

**Assemble the dish:** Spread some of the sauce over the bottom of the dish and place a layer of lasagne sheets on top. Top with some of the leek and spinach mixture, then some smoked salmon. Sprinkle over some cheddar and Parmesan. Repeat the process, finishing the top layer with sauce, a few pieces of salmon, and grated cheese. Bake for 45 minutes, until golden and the lasagne is tender. To check if the lasagne is cooked, insert a fork – if there’s no resistance, it’s ready!

**Serve:** Sprinkle the dill over the top and serve with a fresh green salad

### **OUT - In the Garden – Getting ready for Winter**

**It’s the time of year when I like to plant up a Winter Container to enjoy over the next few months.**

Find a rugged wooden or frost proof terracotta container and place it close to your doorway where it can bring you joy! Rich green foliage is most effective at this time of year. I’d recommend compact shrubs such as the delightfully fragrant *Sarcococca confusa* and colourful *Skimmia x confusa* ‘Kew Green’. Add winter green ferns such as polypodiums and polystichums which keep their fronds until Spring, variegated or plain green ivies and white Christmas roses for later flowering. Pop in some spring flowering bulbs for the New Year e.g. snowdrops, crocus, miniature daffs and narcissi. Remember to keep it watered if it’s under cover.



## **AROUND and ABOUT – Fullerton and Wherwell**



**Length:** 9.2 km

**Grade:** moderate (there is one steep escarpment at Red Hill; slippery when wet!)

Good for dogs!

This walk takes in the Rivers Test and Anton, remnants of two Victorian railways that served the Test Valley and Andover, West Down Nature Reserve and two conveniently located pubs! As a circular walk, there are several places to start where you can find convenient car parking.

1. Start at GR 438138: West Down Nature Reserve close to junction of A3057 and Coley Lane. Follow the Test Way through the lower slopes of the nature reserve towards Chilbolton. There are several information boards and the opportunity to explore the reserve.
2. GR 438139 Cross Coley Lane (a left and right) following the waymarked Test Way. The track takes you between gardens and the River Test. You pass the Test Valley Smokery, who will smoke your own fish for you.
3. GR 439139 The track emerges at the car park for Cow Common (information board). Turn left and follow the path across Cow Common. A notable long wooden footbridge crosses the River Test at Wherwell.
4. GR438140 Cross Fullerton Road (left and right after 50m) You leave the Test Way, turning left at the top of a short bank. Now follow the waymarked path to the left in a north westerly direction across the flanks of Red Hill and Wallis Bottom. The ascent is gentle, the descent steep.
5. GR 437140 Cross the busy A3057 Romsey Road. Follow the path opposite. At the edge of a wooded area, TURN LEFT towards a footbridge over the River Anton. The path follows a fence alongside the Anton, to reach the track bed of the disused Andover to Redbridge Railway.
6. GR 436140 Turn left along the track bed. The path swings away to the right, although it looks as though you could follow the track bed through the Golden Pond Fishery. Turn left when you reach Fullerton Road towards Fullerton Mill and the A3057. As you cross the River Anton, you can see one of the old railway bridges on the left.
7. GR 437139 Turn left BEFORE the main road and then right, through the brick arches, beneath it. You are now at Fullerton Junction where the Longparish Branch Line met the Andover – Redbridge Line. The path is signed to the left and then to the right. You pass the old railway buildings, now residential properties. Remnants of the overgrown platforms are visible on the right. The branch line opened in 1885, from Whitchurch serving Hurstbourne, Longparish, Wherwell and Fullerton. It was Queen Victoria's railway of choice when travelling to Osborne House on the Isle of Wight as it passed through the beautiful Test Valley.
8. Following the track bed takes you back to the junction with the A3057 by the West Down Nature Reserve, where you might have left the car.

The Mayfly Inn is conveniently close or the Abbots Mitre in Chilbolton; both serve recommended food!

### List of Charlton Parish Councillors

Chair	Jacqueline Smith	07938 561609	<a href="mailto:cllrsmith@charltonvillage.org.uk">cllrsmith@charltonvillage.org.uk</a>
Vice Chair	Clive Ward	07538 596344	<a href="mailto:cllrcward@charltonvillage.org.uk">cllrcward@charltonvillage.org.uk</a>
	Ian Smale	07421 354874	<a href="mailto:cllrismale@charltonvillage.org.uk">cllrismale@charltonvillage.org.uk</a>
	Phil Wylde	07775 852024	<a href="mailto:philwylde@ntlworld.com">philwylde@ntlworld.com</a>
	Caroline Mills	01264 749882	<a href="mailto:cllrcmills@charltonvillage.org.uk">cllrcmills@charltonvillage.org.uk</a>
	Barry Hodgson	07578 130830	<a href="mailto:cllrbhodgson@charltonvillage.org.uk">cllrbhodgson@charltonvillage.org.uk</a>
	Alan Rogers		<a href="mailto:cllrarogers@charltonvillage.org.uk">cllrarogers@charltonvillage.org.uk</a>
	Vacancy x 2		
Clerk	Heather Bournier	07880 706601	<a href="mailto:clerk@charltonvillage.org.uk">clerk@charltonvillage.org.uk</a>
Test Valley	Linda Lashbrook	07766 708 061	<a href="mailto:llashbrook@testvalley.gov.uk">llashbrook@testvalley.gov.uk</a>
Hampshire County	Christopher Donnelly	07738 289858	<a href="mailto:CllrC.Donnelly@hants.gov.uk">CllrC.Donnelly@hants.gov.uk</a>

### First Point of Contact

Emergency resilience planning	Cllr Ward	Planning	Cllrs Wylde, Smale and Hodgson
Speed watch	Cllrs Smale, Ward and Mills	Carters Meadow	Cllrs Smale and Mills
Traffic	Cllr Smith	Neighbourhood Plan	Cllrs Ward and Hodgson
Communication	Cllrs Smith and Ward	Book Exchange	Cllr Smale
Community Hall	Cllrs Ward, Wylde and Hodgson	Charlton Lakes	Cllr Ward
Environment	Cllr Wylde and Ward	Climate Change	Cllrs Ward and Smith
Footpaths & Rights of Way	Cllrs Wylde and Ward	Lengthsman	Clerk and Cllr Hodgson

### LOCAL INFORMATION

Contact Group leader for current arrangements

CLUB	LEADER	CONTACT	DAY	TIME
Friends of St Thomas'	Mrs P Yates	01264 355766	3 <sup>rd</sup> Monday	2.30 – 4pm
Playgroup (Gov Funding from 3 years)	Mrs S Hartley	07979 841318	Mon, Wed, Fri Tues, Thurs	09.00 – 12.30 09.00 – 3pm
Brownie Guides (7 -11 years)	Mrs K Ryder	01264 316907	Tuesdays	4 – 5.30pm
Friendship Club	Mrs S Macnamara	01264 364726	3 <sup>rd</sup> Wednesday	7.30 – 9pm
Rainbow Guides (5-7 years)	Mrs E Taylor	01264 394322	Thursdays	
Keep Fit	Mrs E Taylor	01264 394322	Thursdays	7.30 – 8.30pm
Slimming World Andover Rugby Club	Kate Evans	07568 622189	Tuesdays	7 – 8.30pm
Young Church	Mrs S Brewer	01264 366394	3 <sup>rd</sup> Sunday	10.30 – 11.30am
Pilates Class	Jodie Bascombe	<a href="mailto:jodieawilliams@googlemail.com">jodieawilliams@googlemail.com</a>	Friday	6-6.45pm

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## Charlton Village Newsletter

The Charlton Village News is created and distributed by volunteers and printed by Bulpitt Print Ltd. The printed quarterly edition is delivered free of charge to over 950 homes and can also be downloaded from the Village website [www.charltonvillage.org.uk](http://www.charltonvillage.org.uk) along with the monthly digital editions.

The deadline for input is the **14th of the month** before the edition.

Please support **all** our advertisers, both old and new, and mention the Charlton Newsletter when you do!

### Commercial Adverts for goods or services

- Half page A5 landscape (12cm high x 16.8cm wide) - £40 per edition
- Quarter page A6 portrait (12cm high x 8cm wide) - £30 per edition

Please submit adverts in the correct size ideally in PDF or JPG format. Acceptance of all advertisements is subject to availability of space and at the discretion of the Editor.

Content should be addressed to The Editor Charlton Village Newsletter, via email [editor@charltonvillage.org.uk](mailto:editor@charltonvillage.org.uk) or via the post-boxes on the Village Noticeboards.

## Andover Music Club

For more than 70 years, Andover Music Club has been organising a season of professionally performed concerts, open to all, during the winter months. Although the 2020-21 Season was abandoned because of Covid, the Club is pleased to announce plans for its 75<sup>th</sup> Season, starting on 28<sup>th</sup> October, with a total of 6 concerts in The Lights either side of Christmas. Season tickets, at just £60, are very competitively priced; full details are on the Club's website, [www.andovermusicclub.co.uk](http://www.andovermusicclub.co.uk).

October's concert will be given by Elysium Brass, an award-winning brass quintet whose members are alumni of London's Guildhall School of Music and Drama. As individuals they perform and tour with many of the UK's best-known orchestras, as well as orchestras in Europe. Their programme will include works by King Henry VIII, Victor Ewald, and George Gershwin. This is a concert for anyone who has been missing the delights of live music during lockdown.



## ANDOVER MUSIC CLUB

Returns to *The Lights* on

**28<sup>th</sup> October 2021**

for a concert by:

**Elysium Brass**



Single Concert Ticket: £15

Season Ticket (6 Concerts): £60

Further details on the website:

[www.andovermusicclub.co.uk](http://www.andovermusicclub.co.uk)

## Enjoying online shopping?

The Post Office has signed its first agreement in its 360-year history with an external courier firm to allow customers to collect parcels from its branches.

Courier giant DPD currently offers a click-and-collect service to 250 branches including Enham Alamein Shop and Post Office and this is being extended to 1,500 further sites before the Christmas holidays.





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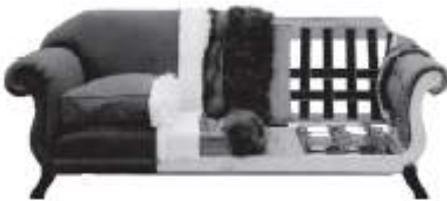
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## **Park Run is Back!**

Park Run is back and if you are one of those people who have looked out the window on a Saturday morning at people in running kit walking towards the park and thought, “maybe I should give that a go” – now is a great time to start!

After having my little boy at the beginning of May, I’ve been gradually getting back to exercising and thought I would give Park Run a go. Here are my top 5 reasons for why it’s worth getting out of bed for on a Saturday morning...

1. Everyone is so friendly! Within minutes of arriving, I had been greeted with friendly faces, you are bound to know someone! There is a community feel with a whole mix of ages and abilities including people running with buggies (that wasn’t me!) and parents and children running together.
2. You can walk, jog, or run – take it at your own speed. I walked and chatted to people I knew, I jogged for bit and some runners raced past me, there is no pace too slow.
3. You are only competing against yourself. To join in a Park Run you need to register before your first Park Run on their website <https://www.parkrun.org.uk/andover/> and print off a barcode which you take with you. At the end of the course, the barcode is scanned, and you receive an email afterwards with your time.
4. It’s free! A huge thank you to the volunteers who organise Park Run each week.
5. You will feel good afterwards! I promise!

Still not sure? Why not watch and cheer people on the first week? Check out the website above for more information. Hopefully I’ll see some of you there.

For those of you who have asked about my Pilates classes, I’ve had a 3-month break, but we are back at St Thomas’ Church on Fridays 6-6.45pm from 3<sup>rd</sup> September. Give me a message or call for details.

**Jodie** - 07780 700905

## **ANDOVER AND DISTRICT OLDER PEOPLES’ FORUM**

[www.aopf.co.uk](http://www.aopf.co.uk)

The Andover Older Peoples’ Forum (AOPF), formed in 2010, is back from Lockdown. In truth, it has never been away and been busier than ever. There have been ‘virtual’ meetings and much more.

Members have shared their Lockdown stories which can be read on the AOPF website which is updated with local and national information, news, and points of interest. If you are online take a look!

During lockdown, AOPF started a newsletter, “Notice Board”, which keeps all members in touch and up to date including those not IT connected. You can receive it by email or by post.

Now, at long last an actual meeting is planned! The regular venue is no longer available but a new one has been found and booked for Tuesday 28th September at 2pm.

The venue is Gilliat Hall. 28 Marlborough Street, Andover, it’s wheelchair friendly and central in Andover. You are warmly invited to come and share your news and views. Catch up on what AOPF has been doing and the plans for future events. There will be refreshments and delicious cakes.

Do come and celebrate the first real meeting since lockdown where AOPF can welcome old friends and new.

Membership of the Forum is open to all over the age of 55 and welcomes new members who, like us, wish to actively promote the health and wellbeing of people in our age group.

To discover more about our work and how to get involved if you'd like to please contact us via the website or by email on [andover.opf@gmail.com](mailto:andover.opf@gmail.com)



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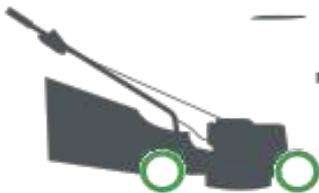
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